

# Pain Pill Addiction Treatment in Utah

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 [nextlevelrecovery.com/pain-pill-addiction-treatment-in-utah](https://nextlevelrecovery.com/pain-pill-addiction-treatment-in-utah)

Although pain pills may provide short-term relief to those who suffer, misuse and abuse of them have the potential to do great damage to the user, their family, and their loved ones. Next Level Recovery offers a full range of inpatient and outpatient treatment options for those dependent on pain pills. Our programs help those in Utah confront this unfortunate experience by addressing the roots of addiction.



You CAN be free from pain pill addiction. Contact Next Level Recovery in Utah for a free consultation to see how we can help. Call (801) 386-9799 today!

***\*Ask us about insurance accepted and/or 0% interest financing options to offset recovery costs.***

## A Personalized Treatment Approach to End Pain Pill Addiction

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People sometimes assume that all abuse involves prescription medications, such as opioids and other stimulants. In reality, misuse of any pain medication—including over the counter brands—can harm the brain, nervous systems, and other body functions. If continued over a prolonged period of time, a person's tolerance to painkillers increases and they have the potential of entering a cycle of dependency that may seem impossible to break.

Since each person's circumstances vary, ***Next Level Recovery develops an individualized treatment program that confronts the addictive behaviors.*** Unlike 12-step programs, the holistic approach at Next Level Recovery examines underlying causes for the dependency, considers the medical health of the individual, and provides the tools and resources that allow those in the program to exercise wise decisions in the recovery process.

## Ending the Pain of Medication Addiction

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- **Detox:** For most people suffering from pain pill misuse, a carefully managed detoxification process is the first step. Psychiatrists, medical professionals, social workers, therapists, and others involved in the treatment process at Next Level Recovery work collaboratively and offer around-the-clock support during the detox

process. As impurities leave the body, the treatment team develops a plan that allows the individual to manage their use of substances while also including a full support system to guide and support them to prevent misuse. Those in this stage of recovery learn to understand the emotional situations that led them to abuse pain pills, evaluate the choices they can make to prevent relapse, and develop a greater awareness of helpful coping mechanisms.

- **Cognitive Behavioral Therapy:** Behavioral therapy is an important part of the treatment process. Therapeutic interventions take a variety of forms, including one-on-one sessions, group sessions, cognitive therapy, and family-based interventions that treat both the addiction to pain medications and the effects on the family. Through a variety of approaches tailored to the needs of each participant, our team can assist in diminishing unhealthy belief systems and restructuring beliefs in a positive, constructive direction.
- **Learning:** As individuals break the bond of relying on pain pills, the treatment professionals instruct on the skills that will help them maintain a healthy, balanced life. The goal is to minimize the chance of relapse while creating a support system that will allow those who do relapse to get back on the road to recovery. The clinical, medical, psychological, and support staff help the individual restore and build relationships with those in their support team as a way of preventing a relapse in circumstances where pain pills once filled an inappropriate role.

## Next Level Recovery Offers Effective Pain Pill Addiction Rehab in Utah

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***If you know of a friend or loved one suffering from pain pill abuse, contact our team to learn about our free assessments available at Next Level Recovery.*** Our programs are covered by many insurance providers and we offer financing plans for those hoping to end their over-reliance on pain pills. You can [contact us online](#) or call us at 801-758-8489 if you would like to learn how to begin the recovery process today.