

# Outpatient Drug and Alcohol Recovery in Utah

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 [nextlevelrecovery.com/outpatient-drug-and-alcohol-recovery-in-utah](https://nextlevelrecovery.com/outpatient-drug-and-alcohol-recovery-in-utah)



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## Next Level Recovery Offers Outpatient Drug and Alcohol Treatment in Utah

***Next Level Recovery is a mental health counseling and addiction recovery treatment center in Salt Lake City, Utah.*** We offer hope if you're dealing with depression, [alcohol](#) or [substance abuse](#), or addictions of any kind. If you or someone you love is attempting to cope with an addiction or disorder on their own, you have somewhere to turn. [Next Level Recovery](#) is here to help.

### We Respect Your Journey

***Our professionals work to help you find — and really use — your own unique abilities to overcome the negative patterns that led to the pain you're coping with today.*** We also provide support for those you love. They too can receive training and guidance.

We offer various kinds of treatment, sometimes combined, including [dual diagnosis treatment for co-occurring disorders](#) — for example, if you have turned to [alcohol](#) or [substances](#) in an attempt to cope with anxiety, depression, or emotions that feel too painful to handle. To really work, your treatment will be as unique as you are. ***Our recovery specialists create a customized program that meets your own needs, your own vision of living your best life.***

## Addiction Treatment and Rehab in Salt Lake City

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As hard as overcoming your disorder or addiction might seem, *there's no good reason to stay trapped*. And once you **have the connections, the support, and the knowledge you need**, you will find that it's easier than you think to change your life. Perhaps you have come to this page through a search for "outpatient rehab near me" or "outpatient drug rehab near me" and you're skimming through the results, wondering if an outpatient program is really going to help. You may have gone to a rehab before and it didn't work. If you have tried before and relapsed, **don't give up hope** now.

At [Next Level Recovery](#) in Salt Lake City, Utah, our standard of care and our resilience-based approach to your recovery reach farther than other programs. Take it to the Next Level, and free yourself from this debilitating cycle. You're not alone.

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## Learning Challenges and Neurodiversity

Next Level Recovery offers a dedicated [program to address the challenges that come along with neurological differences](#), including attention-deficit/hyperactivity disorder (ADHD), Autism Spectrum Disorder (ASD), and other differences. We use Applied Behavioral Analysis (ABA) to bring you **meaningful, positive results**.

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## Recovering Your Life — While Living It

**Our flexible outpatient programs empower you to continue your life in recovery.** You can study, work, and enjoy your relationships and your life. Recovery at Next Level encompasses our Whole Life approach to your psychological and physical well-being. Throughout [recovery and treatment](#), **we connect you with a solid team of specialists who work with the most effective available therapies**. Our outpatient treatment programs include peer-to-peer networking, so you have **support in building, reconnecting, and sustaining good relationships**. Treatment at Next Level Recovery is delivered in the relaxing surroundings of our outpatient recovery center.

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## We Also Offer Sober Living Housing

[Sober Living Properties](#) was the first recovery house licensed in Utah. Our founders know recovery first-hand. They lead with their hearts. Yet our clinicians, all with advanced degrees in psychology or mental health, work at the leading edge of evidence-based knowledge. Today we have five properties based on this uncompromising commitment. Our [sober living homes in Utah](#) focus on career skills and social connections you need to step into the community on solid footing.

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## Not Quite Sure Where to Begin? Contact Next Level Recovery to Learn More About Our Outpatient Drug and Alcohol Rehab in Utah

You want to be well. You want to be strong. And within you, even if it sounds odd to you now, is a strong, self-protective person who will do what's necessary to locate that strength and let it lead. It's OK if you're not sure exactly where to start now. **We offer free**

***assessments, and can explain your recovery options.*** We also accept most insurance plans and have different financing options to choose from. We want our outpatient alcohol rehab and all treatment programs to be within your reach.

***Next Level Recovery gives you access to effective, sustainable, and measurable recovery methods,*** based on the Substance Abuse and Mental Health Services Administration (SAMHSA) standards for every stage of treatment and recovery.

Call Next Level Recovery in Salt Lake City, Utah at (801) 386-9799 to learn more. We're here 24/7 for you.

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