

Next Level Recovery

 nextlevelrecovery.com/bipolar-disorder-treatment-in-utah-2

Next Level Recovery Offers Bipolar Treatment in Utah

If you or a loved one are suffering from bipolar, we can help. At Next Level Recovery, we offer our clients bi-polar disorder treatment in Utah. Our founders have been helping people with mental and substance abuse disorders since 2004, and are experts at what they do because they have been through it themselves. ***We only hire experts in treatment and recovery so you are always in the best, expert and caring hands.*** In addition, Next Level Recovery is licensed by the State of Utah and is certified by the Joint Commission.

Are you or someone you know suffering from bipolar disorder and seeking treatment in Utah? Contact Next Level Recovery today for a free assessment and get on the road to the recovery you deserve. Give us a call at (801)-719-5306

What is Bipolar Disorder?

Bipolar disorder is a mental illness that is characterized by someone experiencing extreme mood swings that go from high to low and back to high again in a cycle. It's important to know the ***signs*** of bipolar disorder. When the person suffering from bipolar disorder is in a ***high phase, this is called mania, or a manic episode*** Manic episodes are characterized by *extreme happiness and confidence*, but also by *little sleeping or eating*, and a flurry of often *bizarre or unproductive "busywork" activity*. Yet, the manic person thinks they are accomplishing great things when it just looks odd to everyone else.

The lows are known as depression, which is the exact opposite of mania. The person may feel *sad, lose confidence* in their abilities, *sleep all the time, overeat*, and *lose motivation* to do anything. Occasionally, a person with bipolar disorder may feel manic and depressed at the same time.

Types of Bipolar Disorder

There are ***two types*** of bipolar disorder, Type I and Type II. ***Type I is the most common and is what is commonly referred to as manic depression.*** The manic phases are clear, the moods of the sufferer are extreme, and their behavior can quickly change from manic to depressive. The manic and depressive episodes can become extreme in a short time, and often require hospitalization to get an individual episode under control if the sufferer is not receiving treatment. Manic episodes are more common than depressive episodes in Type I bipolar disorder.

Type II bipolar disorder includes more depressive episodes than Type I. The manic episodes are much less severe, as well. In addition, Type II is harder for the sufferer, their

friends, and their family to recognize. It typically requires a professional to provide a firm diagnosis and recommendation for treatment.

At [Next Level Recovery](#), we know everyone is unique. ***Our professionals are experienced in providing the proper bipolar depression treatment for each individual.***

Treatment Options for Bipolar Disorder

Bi-polar disorder is usually treated with a combination of medication and behavioral modification therapy. Usually, three classes of medication are used to treat this disorder:

- Mood stabilizers
- Antipsychotics
- Antidepressants

Usually, someone with a bipolar disorder will receive at least one mood-stabilizing drug and/or an antipsychotic, at a minimum. These are used in conjunction with psychotherapy/behavior modification therapy.

Treatments for Bipolar Disorder at Next Level Recovery Center in Utah

Many people with bipolar disorder turn to [drugs and alcohol](#) to help themselves self-medicate in order to alleviate their symptoms and feel better. However, this is not a constructive way of dealing with this disorder and can result in a lot more severe problems for the person suffering from it down the road. The best way to deal with bipolar is to confront it head-on, with the proper medication and psychotherapy.

At [Next Level Recovery](#), individualized treatment programs are developed for each client. When possible, family members are involved in the treatment program. Family support is usually crucial to a full recovery. ***Our experts at Next Level Recovery work closely with each client and their family members in order to customize the best bipolar treatment program possible for that unique individual.*** Everyone's needs are different, and Next Level Recovery recognizes that.

Some treatment options for bipolar disorder in Utah at Next Level Recovery include:

- [Individual therapy](#)
- [Recreational therapy](#)
- Detox services
- Drug and alcohol addiction treatment
- Hormone level testing
- [Art and music therapy](#)
- Traditional cognitive behavioral therapy
- Medication management

Next Level Recovery is a Bipolar Treatment Center in Utah

If you or a loved one are suffering from bipolar disorder, you want to feel better as quickly as possible, and with the greatest possibility of it being a permanent recovery. This is true even if a permanent recovery means lifelong medication and counseling. The longer you follow your recovery program, the less often you are likely to need to use it.

If you or your loved one goes untreated, substance abuse, suicide, homelessness, jail, poverty, being the victim of a violent crime, and more can result. You do not want to wait to get treatment. Next Level Recovery is an excellent choice for your bipolar treatment program in Utah. In addition to being highly experienced in treating this disorder with professionalism and compassion, most insurances are excepted. If yours is not, there are financing and payment options available.

Don't wait another moment to begin your bipolar treatment plan in Utah. Call Next Level Recovery today at (801)-719-5306 for a free consultation.
