

Next Level Recovery

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April 17, 2017

Outpatient drug rehab centers give effective counsel and addiction treatment while those in recovery continue working, studying and daily living. Inpatient centers provide housing and structure away from home which may be a temporary escape from addiction.



Once those with addiction leave inpatient centers, they must learn to overcome addiction as they go about work, school and family life. If the inpatient facility didn't teach them to deal with real challenges that they will face, they may slip back into addiction.

Greater Flexibility

An inpatient drug rehab will likely require those in recovery to remain in their housing and to live under a set of guidelines. Outpatient centers are known to be flexible. They may require that a person in recovery attend for a set amount of hours each week and meet with a counselor during the week.

For some who need more structure than the freedom allowed in outpatient homes, an inpatient facility might be a great temporary option. Outpatient facilities will allow a person in recovery to integrate their recovery as they go about regular life.

Keeping Support

The support in an outpatient home is great because those who are in recovery are better able to provide good counsel as those in addiction recovery deal with the pressures of everyday life. Outpatient recovery centers have support that helps others adapt better.

Outpatient Treatment

Since outpatient centers require those with a drug addiction to travel to their center for treatment and counseling, it is best to find one that is reasonably close. Even more important than the distance is find a place that is able to treat the specific type of addiction a person with addiction is experiencing.

An outpatient program that is familiar with a specific addiction will know how to deal with the different behaviors and methods to best treat that addiction. Outpatient treatment centers who have specialists for the addiction of the patient will adapt the counseling and addiction treatment to the needs of the person in recovery.

Support Groups

When people with addictions join an inpatient recovery program they leave their support group as well as the negative influences in their life. Sometimes a program of structure like an inpatient program is needed. Other times, an outpatient program is best because it does not pull those in recovery from their family and friends who support them in their addiction recovery.

Cost of Treatment

No cost is too great to overcome addiction but if the finances do not support the cost of the recovery program that means that there will likely be less time in recovery. The cost of outpatient treatment is usually considerably less than inpatient treatment. This is partly because there are no residential fees like inpatient programs have.

Addiction recovery can be difficult for many families to afford since addiction is often linked to poverty. Fortunately, many health insurance companies support the insurance costs of addiction rehab facilities. There may also be many other types of financial support available for those who are looking for a way to afford addiction recovery.

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