Next Level Recovery

Infographic

Keywords: N/A

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(corresponding blog post for accelerator blog)

**Seven Differences Between Sober People and “Normies”**

Sober people are wired differently

* Alcohol affects the sober person’s brain differently than others
* This usually results in a destructive relationship with drugs or alcohol

Sober people see recovery as a process of before/after

* Life is drastically different after recovery
* Many sober people believe they were a “different person” before recovery

Sober people are always mindful of drugs and alcohol

* Sober people are constantly on the lookout for situations that might trigger a relapse
* Sober people either learn to co-exist with drugs/alcohol or avoid it altogether

Information from:

<https://www.thefix.com/7-biggest-differences-between-sober-people-and-normies>